

Research and Facts About Marriage

Popular Myths About Marriage and Divorce

- Affairs cause divorce
- Monogamy is for women
- Gender differences cause divorce
- Due to unclear communication
- No Quid Pro Quo
- Family of origin issues need to be resolved for the marriage to be functional
- High expectations cause divorce
- Active listening is possible and desirable in marriage
- Dominance structures are dysfunctional. Healthy marriage is egalitarian.
- An absence of dominance structures is dysfunctional. Hierarchy is necessary.
- Successful problem-solving is necessary
- "Needs" complementarity is functional
- Mind-reading is dysfunctional
- Behavioral rigidity is dysfunctional
- Projection must end
- Reciprocated anger is a symptom of an ailing marriage